



## **NEW JERSEY ATHLETIC CONFERENCE**

### ***WOMEN'S SWIMMING & DIVING ATHLETES OF THE WEEK***

**WEEK ENDING 12/3/17**



#### ***SWIMMER OF THE WEEK***

**CARLEE TIMMINS • Rowan University**  
**Sophomore • Cherry Hill, NJ/Cherry Hill East**

Timmins becomes the third different Prof to earn NJAC Swimmer of the Week honors after traveling to Worcester, MA to compete in the WPI Gompel Invitational. She placed first in a field of 54 competitors in the 500 freestyle with a school-record time of 5:04.94. She also placed second in a field of 41 swimmers in the 1,650 freestyle with a school-record time of 17:24.43. She also was a member of both Rowan's 200 freestyle (1:59.19) and record-setting 800 freestyle (7:51.16) relays. The performances by Timmins in the 500 freestyle and the 1,650 freestyle currently represents conference-best times in each event this season.



#### ***DIVER OF THE WEEK***

**HANNAH RAYMOND • The College of New Jersey**  
**Senior • Burlington, NJ/Burlington Township**

Raymond earns NJAC Diver of the Week honors for the third time this season after competing in the Lions' own TCNJ Invitational. She placed first in the one meter (6 dives) competition with a winning score of 259.80. She also posted a runner-up finish in the one meter (11 dives) event with a score of 439.20.



#### ***ROOKIE OF THE WEEK***

**MELANIE FOSKO • The College of New Jersey**  
**Freshman • North Brunswick, NJ/North Brunswick**

Fosko earns NJAC Rookie of the Week honors after competing in the Lions' own TCNJ Invitational. She secured runner-up finishes in both the 200 breaststroke and the 400 individual medley with respective times of 2:27.95 and 4:42.35. She also notched a fourth-place finish in the 200 individual medley (2:12.54) and a fifth-place showing in the 100 breaststroke (1:08.69). She also was a member of the Lions' runner-up 800 freestyle relay (8:05.31). Fosko's performance in the 200 individual medley currently stands as the conference-best time in the event this season.